

# Agenda

3<sup>RD</sup> March 2018

## SHOULDER



0730 - 0800

WELCOME COFFEE AND REGISTRATION

0800 - 1000

**LABRUM VARIANTS AND TEARS**  
**PARALABRAL CYSTS AND DENERVATION**  
**SLAP TEARS**

**CARTILAGE: Fissuring, tears, delamination and the complications.**

Assessing the shoulder labrum is usually what people have the most difficulty with. But if you have a structure, it becomes easier to differentiate between labral variants and tears, assess for complications such as cysts and denervation and do a complete assessment of all the structures involved in a labral tear and SLAP tears. Learn how to assess the Glenoid for bony injury on CT and MRI. Learn how to diagnose Capsular Tears of the Glenoid and Scapula. We look at abnormalities on both arthrographic and non arthrographic scans.

1000 - 1030

MORNING BREAK

1030 - 1230

**CAPSULE TEARS HAGL and GAGLS**

Learn how to diagnose Capsular Tears of the Glenoid and Scapula. We look at abnormalities on both arthrographic and non arthrographic scans.

**ROTATOR CUFF: Tendinosis, Tears and Intramuscular Cysts**

**ROTATOR INTERVAL AND AC JOINT: Capsulo/Synovitis, Os Acromiale and Sub acromial Impingement**

**SYNOVITIS: All the different appearances.**

How to perform a structured assessment to confidently diagnose tendinosis, tears and cysts on non contrast and arthrographic MRIs. What to assess in the Coraco Acromial Arch and how to assess the Rotator Interval for capsulo/synovitis.

1230 - 1400

LUNCH

1400 - 1530

**BICEPS: Tendinosis, Tears, Subluxation and Dislocation**

Biceps tendinosis, tears and dislocation. Learn how to assess the biceps tendon for tears and dislocations and the relationship to Subscapularis tears. Biceps tendinosis, tears and dislocation. Learn how to assess the biceps tendon for tears and dislocations and the relationship to Subscapularis tears.

## HIP MRI

**HIP LABRUM: Variants, Tears and Paralabral Cysts**

The labrum is usually what people have the most difficulty with. Learn how to assess for normal variants and tears and complications such as paralabral cysts and cartilage loss.

1530 - 1600

AFTERNOON TEA

1600 - 1730

**FEMORO ACETABULAR IMPINGEMENT**  
**HIP DYSPLASIA**

Learn how to assess for FAI and the predisposing conditions to look for on X-ray, CT and MR

**GLUTEAL TENDONS: Tendinosis, Tears and Bursitis**

**HAMSTRINGS: Tendinosis and Tears**

**DEGENERATION: MRI changes that are common to all joints.**

1800 - 2200

PHOTOS AND MEET UP

# Agenda

4<sup>TH</sup> March 2018



## HIP

0730 - 0800

COFFEE

0800 - 1000

**BONE MARROW: AVN, Stress and Insufficiency Fractures and Regional Osteoporosis.**

AVN, fractures and regional osteoporosis. What do they look like and how to differentiate them.

## KNEE

**MENISCUS: All the types of tears, complications and variant appearances of menisci.**

How to assess Menisci. From normal, to the various tears, how to differentiate degenerative change from tears and to meniscal variants.

1000 - 1030

MORNING COFFEE BREAK

1030 - 1230

**LIGAMENTS: ACL, PCL, MCL, LCL**

**ACL GRAFTS**

Learn how to systematically assess the ligaments around the knee and the specific findings in posterolateral and posteromedial corner injuries. How do you assess an ACL graft and the potential complications

1230 - 1400

LUNCH

1400 - 1600

**BONE MARROW: Stress response, Insufficiency fractures and SONK. PATELLA AND PATELLA TENDON: Dislocation, Cartilage and Alignment. Patella tendinosis and tears.**

We commonly see bone marrow oedema but it is not a diagnosis. What are the possible cause of bone marrow oedema and how do you differentiate them? We go through the specific MRI features of patella dislocation and the findings of Patella Tendinosis, tears and peritendinous fatty inflammatory changes.

1600 - 1630

END WORKSHOP. AFTERNOON COFFEE

