

Agenda



ANKLE & WRIST

0700 - 0800

WELCOME COFFEE AND REGISTRATION

0800 - 1000

Starting with knowing the normal anatomy, we look at how to assess strains and tears of all the major ankle ligaments.

ANKLE LIGAMENTS : MEDIAL AND LATERAL

ANKLE LIGAMENTS : SYNDESMOTIC

ANKLE LIGAMENTS: SPRING

1000 - 1030

MORNING BREAK

1030 - 1200

How to assess and report tendinosis, tears and tenosynovitis of the main tendons around the ankle and foot and the plantar fascia.

ACHILLES TENDON: TENDINOSIS, TEARS AND BURSA

TENDONS: TENDINOSIS, TEARS AND TENOSYNOVITIS

PLANTAR FASCIA: FASCIITIS AND TEARS

1200 - 1330

LUNCH

1330 - 1530

Missing Lis Franc injuries is one of the most common causes for negligence suits. Learn how to assess the foot on Xray, CT and MRI for Lis Franc Fractures, Ligament Tears, Tarsal coalition CT and MRI features. Then we cover differentiating between Intermetatarsal Bursae and Morton's Neuromas.

LIS FRANC FRACTURES AND LIGAMENTS

MORTONS NEUROMA AND INTERMETATARSAL BURSA

TARSAL COALITION

1530 - 1600

AFTERNOON TEA

WRIST MRI

1600 - 1730

Tenosynovitis, tendinosis and tears of the wrist and fingers. What do you look for. We finish the day learning how to assess scaphoid fractures and their complications such as avascular necrosis and scapho- lunate ligament tears on MRI.

TENOSYNOVITIS

SCAPHOID FRACTURE AND LIGAMENT TEAR

1730 - 1830

GROUP PHOTOS AND GET TOGETHER

Agenda



WRIST/ HAND AND ELBOW

0730 - 0800

COFFEE

0800 - 1000

Learn how to recognise and assess the important intrinsic and extrinsic ligaments of the wrist and assess for tears and strains. Then learn the anatomy and pathology that occurs in the TFCC and DRUJ.

WRIST LIGAMENTS**TFCC AND DRUJ**

1000 - 1030

MORNING COFFEE BREAK

1030 - 1230

A very focused morning of learning the essential anatomy of the thumb and finger ligaments and how to accurately assess them for tears and complications.

FINGER LIGAMENT TEARS**THUMB LIGAMENT TEARS AND STENNER LESIONS**

1230 - 1330

LUNCH

1330 - 1600

Learn the anatomy and the key findings in tears of the elbow ligaments and extensor and flexor origins.

ELBOW LIGAMENTS AND EXTENSOR AND FLEXOR ORIGINS:**Essential anatomy and tears**

We finish the workshop with learning to assess the main tendons around the elbow joint and the findings with tendinosis, tears and bursal abnormalities.

BICEPS, BRACHIORADIALIS AND TRICEPS ABNORMALITIES

1600 - 1700

GROUP PHOTOS AND END OF WORKSHOP