

What's The Mini Fellowship About?

A Guided 30 day course where we cover the Imaging on MRI of intra and extra articular pathologies of the Ankle. By the end of the Mini Fellowship you should be much more Confident to Assess and Report MRI of the Ankle

What Do We Cover?

All the relevant Anatomy, Pathology, Clinical and Imaging findings. Where to Look, What to Look For and How to Report them more Confidently.

How Do You Learn It?

Daily posts with a combination of text, images, videos, dicoms, quizzes and the ability to ask questions to Dr Ravi throughout the course to guide you and clear doubts.



Guided Learning



Anatomy



Pathology



Knowledge



Dicoms



Videos



Ask



Badges

Certificate CME

Who's Teaching



Dr Ravi, is the Director of Radiology
Education Asia and a Senior Consultant
Radiologist from Australia now in
Singapore. He has been teaching MSK and
Spine MRI for over 10 years and his aim in
the courses is not just accumulating facts,
but for you to be reporting more
confidently at work.

His method of teaching is to simplify, without losing the essential things we need to know. For you to easily recognise the important anatomy, the relevant macroscopic pathology which helps to understand the imaging findings and for you to know where to look and what to look for. All of these help you to report a scan with Confidence and issue reports that you are proud of and will be respected by referrers.





REPORT MORE CONFIDENTLY: **TOPICS COVERED**

1. SEQUENCES/ **REPORTING STRUCTURE/ APPROACH TO ASSESSING A SCAN**

2. MEDIAL LIGAMENTS

- Deltoid Ligament (Superficial and Deep components)
- · Normal anatomy and MRI appearance
- · Strain/ Partial and Full thickness Tears, Avulsions and Scarring

3. LATERAL LIGAMENTS

- · ATFL, CFL, PTFL
- · Normal anatomy and MRI appearance
- · Strain/ Partial and Full thickness tears, Avulsions and Scarring

4. SYNDESMOSIS AND SYNDESMOTIC LIGAMENTS

- · Normal anatomy and **MRI** Appearance
- · Partial and Full thickness tears and Scarring
- · Periosteal stripping
- · AITFL, PITFL, Transverse and Intermalleolar Ligaments, interosseous membrane

5. SPRING LIGAMENTS

- Calcaneo Navicular and Plantar components
- · Normal anatomy and MRI appearance of the various components
- · Degeneration, Partial thickness and Full thickness tears.

6. TIBIALIS POSTERIOR TENDON

- · Normal anatomy and MRI appearance
- · Tendonosis, Tenosynovitis, Partial and Full thickness tears and **Ruptures**

7. SECONDARY EFFECTS OF **SPRING LIGAMENT TEARS AND TIBIALIS POSTERIOR** DYSFUNCTION

CPD FOR THE COURSE

• Pes Planus/ Hindfoot Valgus

8. PERONEAL TENDONS

- Peroneus brevis and Peroneus longus
- Normal anatomy and MRI appearance
- Tendonosis, Tenosynovitis, Partial/ Full thickness tears and Ruptures
- Peroneal Tubercle
- Peroneal retinaculum and Subluxation/Dislocation

9. ACHILLES TENDON

- Normal anatomy and MRI appearance
- · Paratenonitis, Bursitis, Tendonosis, Partial/Full thickness tears and **Ruptures**
- Plantaris tendon rupture

10.PLANTAR FASCIA

- Normal anatomy and MRI appearance
- Fasciitis and Tears

11. ANKLE IMPINGEMENT **SYNDROMES**

- · Normal anatomy and MRI appearance
- MRI appearance of the various Ankle impingement syndromes

12. OSSICLES AND INSTABILITY

- OS Naviculare, OS Peroneum and **OS Trigonum**
- · Normal anatomy and MRI appearance
- Appearance of stable and Unstable ossicles



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30 CPD Hours for web-based learning by the Royal Australian and New