

WHY DO THE COURSE?

- With our **Guided Online MRI ANKLE** Mini Fellowship learn to become **More Confident** in assessing Ankle MRIs, Making an Accurate Diagnosis and issuing reports Respected by Clinicians.
- Structured, guided learning for you to become more confident in assessing and reporting Ankle MRI by focusing on how you would assess scans at work by learning Where to Look, What to Look for and How to Best Report it.
 - SEE HOW & WHAT YOU WILL LEARN Click Image below



WHO'S TEACHING

Dr Ravi Padmanabhan is the Director of Radiology Education Asia. Originally from Australia and now based in Singapore, he works in MSK and Spine MRI, CT and Ultrasound Imaging and Intervention. He teaches by simplifying complex topics into what's essential, with the focus on what matters... Making daily reporting Easier, Accurate and More Confident.

- Importantly, the course is **Guided** and you are not left on your own. Ask questions, clear doubts like an actual fellowship. (Click on image below to see more on how and what you will learn.)
- Through this Ankle MRI Mini Fellowship we aim to make you More Confident to Assess, Diagnose and issue Reports Respected by Clinicians.

WHAT YOUR COLLEAGUES SAY

Very detailed guided instructions on anatomy & pathology. Liked the way u emphasize more on basics which others neglect. Really helpful.



Teaching everything in detail, systemic approach in every case, Sustained learning & Manageable volume of information each day. Great platform to learn from basics.



Dr KAVYA





Innovative way of teaching. Just the right amount of information each day. Will sign up for more. Great platform & super course!

Dr BRETTON SOUTH AFRICA

Thank You! Amazing course to attend. It is truly impressive and pragmatic, considering registering for other joints as well.



Dr KOH MALAYSIA



CPD/CME

30 CPD Hours for web-based learning by the Royal Australian and New Zealand College of Radiologists (RANZCR). RANZCR CPD/CME are recognized by most international licensing agencies.

WHAT YOU WILL LEARN IN 30 DAYS TO MAKE YOUR DAILY REPORTING EASIER, MORE ACCURATE AND CONFIDENT



In all topics we cover the normal appearance, anatomy, relevant macroscopic pathology and learn **Where to look, What to look for and How to report it** with the aim of **Making daily reporting Easier, Accurate and More Confident.**

1. SEQUENCES/ REPORTING STRUCTURE/ HOW TO ASSESS

- The best sequences to use
- A pattern to assess the scan and
- A structure for reporting so that nothing is missed.

2. ANKLE LIGAMENTS:

 There are lots of them, they are small and can be quite confusing. We go through a structured way for you to find and assess all of them more easily.

3. MEDIAL LIGAMENTS

- Deep and Superficial Deltoid Ligament
 - Normal anatomy and MRI appearance
 - A simple method to identify the various components of the Superficial Ligament
 - Learn to diagnose and report Strain, Partial and Full thickness tears, Avulsions and Scarring

4. LATERAL LIGAMENTS

- · ATFL, CFL, PTFL
 - Normal anatomy and MRI appearance
 - Learn to diagnose and report Strain, Partial and Full thickness tears, Avulsions and Scarring

5. SYNDESMOTIC LIGAMENTS

- AiTFL, PiTFL, Transverse and Intermalleolar Ligaments, Interosseous membrane
 - Normal anatomy and MRI appearance
 - How to find them in a structured way
 - Learn to diagnose and report Partial and Full thickness tears, Avulsions and Scarring
 - Periosteal stripping: How to identify it and why its important

6. SPRING LIGAMENT

- This can be very confusing to find. Learn to identify CalcaneoNavicular and Plantar components and the Gliding Zone
 - Normal anatomy and MRI appearance of various components
 - Degeneration, Partial thickness & Full thickness tears and Chronic Changes
 - Secondary chronic changes from underlying tears

7. TIBIALIS POSTERIOR TENDON

- Normal anatomy and MRI appearance. Learn to identify and report
 - Tendonosis, Tenosynovitis,
 - Partial & Full thickness tears and Ruptures

8. SECONDARY EFFECTS OF SPRING LIGAMENT TEARS AND TIBIALIS POSTERIOR DYSFUNCTION

- Tendon and ligament dysfunction can lead to abnormalities of bone alignment and other soft tissue changes. Learn to diagnose the secondary findings of
 - Pes Planus
 - Hindfoot Valgus
 - Sinus Tarsi Changes
 - Plantar Fascia changes
 - Bone impaction and Ligamentous tears.

9. PERONEAL TENDONS

- Peroneus brevis and Peroneus longus
 - Normal anatomy and MRI appearance
 - Learn to diagnose and report Tendonosis,
 Tenosynovitis, Partial & Full thickness tears and
 Ruptures

10. PERONEAL RETINACULUM

- Superior and Inferior Retinaculum
 - Normal anatomy and MRI appearance
 - Learn to diagnose and report Tears and Ruptures
 - Subluxation and Dislocation of the peroneal tendons

11. ACHILLES & PLANTARIS TENDON

- Normal anatomy and MRI appearance
 - Learn to diagnose and report Paratenonitis, Bursitis, Tendonosis, Partial/Full thickness tears and Ruptures
 - Plantaris tendon rupture

12. PLANTAR FASCIA

- Normal anatomy and MRI appearance of the 3 bands
 - Learn to diagnose and report Plantar Fasciitis and Tears

13. ANKLE IMPINGEMENT SYNDROMES

- Normal anatomy, Where to Look and the MRI appearance of
 - Anterior
 - Lateral
 - Medial and
 - Posterior Impingement

14. OSSICLES AND INSTABILITY

- OS Naviculare, OS Peroneum and OS Trigonum
 - Normal anatomy and MRI appearance
 - Appearance of stable and Unstable ossicles