

WHY DO THE COURSE?

"I wouldn't plan or do any Spine Intervention without being able to assess the scan myself and definitely wouldn't rely just on a report. It's essential to be able to assess your patients' scans for yourself when treatment and intervention is being planned. This Mini Fellowship aims to reduce your struggle with interpreting your patients' Spine & SIJ imaging when planning treatment and doing intervention. "

SEE HOW & WHAT YOU WILL LEARN: Click Image below



WHO'S TEACHING

Dr Ravi Padmanabhan is the Director of Radiology Education Asia. Originally from Australia and now based in Singapore, he works in MSK and Spine MRI, CT and Ultrasound Imaging and Intervention. He has been teaching MSK and Spine MRI and CT for over 15 years and working in it for much longer.

This course has been developed in conjunction with input from colleagues in Pain Medicine, Sports Medicine, Orthopaedics and Neurosurgery for what you need to learn to quickly assess your patients' Spine & SIJ MRIs & CTs yourself prior to you doing any intervention.

WHAT YOUR COLLEAGUES SAY



CME/CPD

30 CPD hours for web based learning by the Royal Australian and New Zealand College of Radiologists (RANZCR). These points are recognized by most international licensing agencies.

WHAT YOU WILL LEARN TO ASSESS ON MRI AND CT MORE CONFIDENTLY IN 30 DAYS

For all topics you will learn the MRI and relevant CT findings. The aim is for you to be able to **Quickly know Where to Look, What to Look for and How to Assess** prior to any treatment or intervention.

1. MRI SEQUENCES & CT

- The essentials you need to know without the physics.
- Easily differentiate MRI sequences.
- · Which sequences you must request.
- Which sequence is best to find each pathology.
- When to request contrast.
- CT: Angled reformats, Bone vs soft tissue, When to give contrast

2. LEARN A PATTERN TO QUICKLY ASSESS EACH REGION OF YOUR PATIENTS' CT/MRI

- Cervical Spine
- Thoracic Spine
- Lumbar Spine
- SIJ

3. VARIANTS YOU NEED TO RECOGNISE

- Conjoint Nerve Roots
- Low Conus
- Transitional Lumbosacral Anatomy: How to Identify and How to Number

4. DISC DEGENERATION: ALL YOU NEED TO KNOW

- Imaging appearance, progression and variations
- Modic Changes recognise the different types

5. NERVE ROOTS

- What's the normal distribution at different levels
- Identifying traversing and exiting roots.
- Learn to recognise Arachnoiditis
- Conjoint Nerve Roots: How to identify, determine the nerve compressed and its relevance to the level for intervention.

6. DISC HERNIATION

- Learn to find the different types and the specific locations to check
- Learn how to assess their effect on the cord, canal, recess, foramen and nerve roots

7. STENOSIS: LEARN TO RECOGNISE & THEN ASSESS THE EFFECT ON NERVE ROOTS

- Canal Stenosis
- Subarticular/ Lateral Recess Stenosis
- Foraminal Stenosis

8. FACET DISEASE: LEARN TO RECOGNISE

- Normal Facets and Facet Arthritis
- Effect of facet hypertrophy on the canal, foramen and nerve roots
- Facet cysts and their effect on the canal, foramen and nerve roots



9. SPONDYLOLISTHESIS/ LYSIS:

- · Where and How to look for it
- Traumatic: How to find the earliest signs (where treatment is possible) to established lysis.
- The specific sequences you need to request to find early traumatic Spondylolysis
- How to differentiate Traumatic vs Degenerative spondylolisthesis
- The effect on the canal, foramen, facets and nerve roots.

10. BAASTRUP'S:

- · Where to look, What to look for and How to find it
- Recognise the signs of active inflammation that may benefit from intervention

11. BERTOLOTTI SYNDROME:

- · Where to look, What to look for and How to find it
- Recognise the signs of active inflammation that may benefit from intervention

12. POST OPERATIVE CHANGES:

- Normal Post Op appearance
- Post Op Seromas and Pseudomeningocles
- Post op Arachnoiditis
- Epidural Scarring/ Fibrosis where and what to look for
- How to differentiate scarring from recurrent disc
- Adjacent Segment Disease (ASD): What to look for

13. TARLOV CYSTS

 Learn to find and differentiate Perineural and Paraneural Tarlov cysts and determine their effect on nerve roots and your planning for spinal injections.

14. SIJ: HOW TO IDENTIFY

• The Fibrous and Cartilaginous components

15. SIJ: DEGENERATION vs SPONDYLOARTHRITIS

- Learn to recognise Degenerative Changes
- Learn to recognise Spondyloarthritis
- · How to differentiate the two.

16. SIJ: OSTEITIS CONDENSANS ILII

- Learn how to diagnose it and
- How to differentiate from Sacroiliitis

17. SIJ: TRAUMA

 How to find Fractures and differentiation from Bone Bruising

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