



**GUIDED  
ONLINE  
ANKLE MRI  
MINI-FELLOWSHIP**



*Report with Confidence*

### WHY DO THE COURSE?

- With our **Guided Online MRI ANKLE** Mini Fellowship learn to become **More Confident** in assessing Ankle MRIs, Making an **Accurate Diagnosis** and issuing reports **Respected** by Clinicians.
- Structured, guided learning for you to become more confident in assessing and reporting Ankle MRI by focusing on how you would assess scans at work by learning **Where to Look, What to Look for and How to Best Report it.**

- Importantly, the course is **Guided** and you are not left on your own. Ask questions, clear doubts like an actual fellowship. (Click on image below to see more on how and what you will learn.)
- Through this Ankle MRI Mini Fellowship we aim to make you **More Confident to Assess, Diagnose** and issue **Reports Respected by Clinicians.**

### SEE HOW & WHAT YOU WILL LEARN

[Click Image below](#)



### WHO'S TEACHING

Dr Ravi Padmanabhan is the Director of Radiology Education Asia. Originally from Australia and now based in Singapore, he works in MSK and Spine MRI, CT and Ultrasound Imaging and Intervention. He teaches by simplifying complex topics into what's essential, with the focus on what matters... **Making daily reporting Easier, Accurate and More Confident.**

### WHAT YOUR COLLEAGUES SAY

“ Very detailed guided instructions on anatomy & pathology. Liked the way u emphasize more on basics which others neglect. Really helpful.

 **Dr WELSH**  
UNITED KINGDOM


“ Teaching everything in detail, systemic approach in every case, Sustained learning & Manageable volume of information each day. Great platform to learn from basics.

 **Dr KAVYA**  
INDIA

“ Innovative way of teaching. Just the right amount of information each day. Will sign up for more. Great platform & super course!

 **Dr BRETTON**  
SOUTH AFRICA

“ Thank You!  
Amazing course to attend. It is truly impressive and pragmatic, considering registering for other joints as well.

 **Dr KOH**  
MALAYSIA

### CPD/CME

30 CPD Hours for web-based learning by the Royal Australian and New Zealand College of Radiologists (RANZCR). RANZCR CPD/CME are recognized by most international licensing agencies.

## WHAT YOU WILL LEARN TO ASSESS AND REPORT MORE CONFIDENTLY IN 30 DAYS

In all topics we cover the normal appearance, anatomy, relevant macroscopic pathology and learn **Where to look, What to look for and How to report** with the aim of **Making your daily reporting Easier, Accurate and More Confident.**

### 01. SEQUENCES/ REPORTING STRUCTURE/ HOW TO ASSESS

- The best sequences to use.
- A pattern to assess the scan and,
- A structure for reporting so that nothing is missed.

### 02. ANKLE LIGAMENTS:

- There are lots of them, they are small and can be quite confusing. We go through a structured way for you to find and assess all of them more easily.

### 03. MEDIAL LIGAMENTS

- Deep and Superficial Deltoid Ligament,
  - Normal anatomy and MRI appearance.
  - A simple method to identify the various components of the Superficial Ligament.
  - Learn to diagnose and report Strain, Partial/Full thickness tears, Avulsions and Scarring.

### 04. LATERAL LIGAMENTS

- ATFL, CFL, PTFL
  - Normal anatomy & MRI appearance.
  - Learn to diagnose and report Strain, Partial/Full thickness tears, Avulsions & Scarring.

### 05. SYNDESMOTIC LIGAMENTS

- AiTFL, PiTFL, Transverse & Intermalleolar Ligaments, Interosseous membrane,
  - Normal anatomy & MRI appearance.
  - How to find them in a structured way.
  - Learn to diagnose and report Partial/Full thickness tears, Avulsions & Scarring.
  - Periosteal stripping: How to identify it & why it's important.

### 06. SPRING LIGAMENT

- This can be very confusing to find. Learn to identify CalcaneoNavicular & Plantar components and the Gliding Zone,
  - Normal anatomy & MRI appearance of various components.
  - Degeneration, Partial/Full thickness tears & Chronic Changes.
  - Secondary chronic changes from underlying tears.

### 07. TIBIALIS POSTERIOR TENDON

- Normal anatomy & MRI appearance. Learn to identify & report,
  - Tendonosis, Tenosynovitis.
  - Partial/Full thickness tears & Ruptures.

### 08. SECONDARY EFFECTS OF SPRING LIGAMENT TEARS AND TIBIALIS POSTERIOR DYSFUNCTION

- Tendon and ligament dysfunction can lead to abnormalities of bone alignment & other soft tissue changes. Learn to diagnose the secondary findings of,
  - Pes Planus.
  - Hindfoot Valgus.
  - Sinus Tarsi Changes.
  - Plantar Fascia changes.
  - Bone impaction & Ligamentous tears.

### 09. PERONEAL TENDONS

- Peroneus brevis & Peroneus longus,
  - Normal anatomy and MRI appearance.
  - Learn to diagnose and report Tendonosis, Tenosynovitis, Partial/Full thickness tears & Ruptures.

### 10. PERONEAL RETINACULUM

- Superior and Inferior Retinaculum,
  - Normal anatomy & MRI appearance.
  - Learn to diagnose and report Tears & Ruptures.
  - Subluxation & Dislocation of the peroneal tendons.

### 11. ACHILLES & PLANTARIS TENDON

- Normal anatomy & MRI appearance.
  - Learn to diagnose and report Paratenonitis, Bursitis, Tendonosis, Partial/Full thickness tears & Ruptures.
  - Plantaris tendon rupture.

### 12. PLANTAR FASCIA

- Normal anatomy and MRI appearance of the 3 bands,
  - Learn to diagnose and report Plantar Fasciitis & Tears.

### 13. ANKLE IMPINGEMENT SYNDROMES

- Normal anatomy, Where to Look and the MRI appearance of,
  - Anterior.
  - Lateral.
  - Medial and,
  - Posterior Impingement.

### 14. OSSICLES AND INSTABILITY

- OS Naviculare, OS Peroneum & OS Trigonum,
  - Normal anatomy & MRI appearance.
  - Appearance of stable & Unstable ossicles.

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